

Quelques lectures :

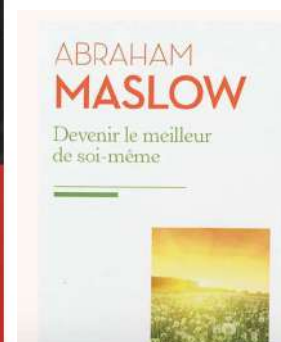
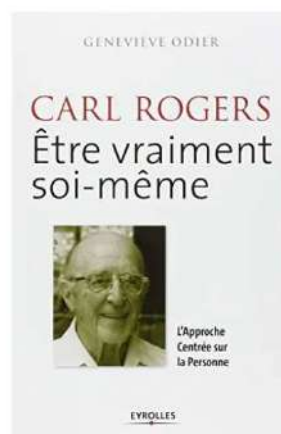
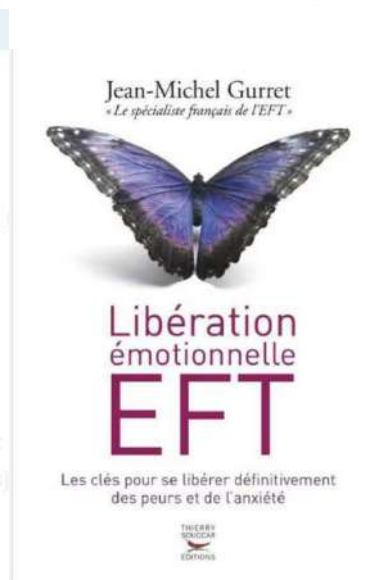
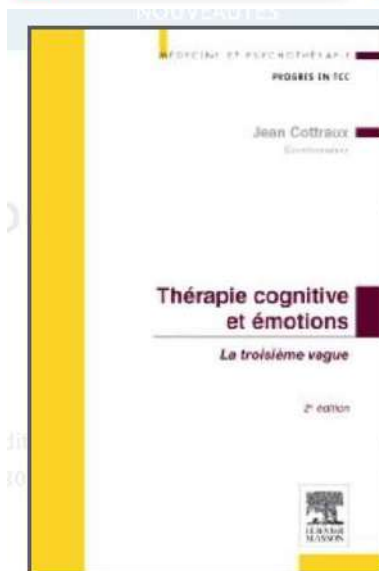
Une perception...



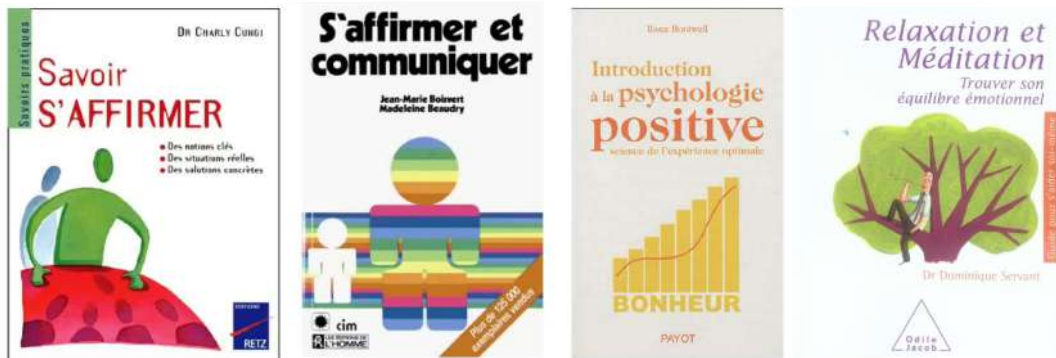
Pratiques en psychothérapie

La thérapie d'acceptation et d'engagement

ACT



Une compréhension...



Une émotion...

